

Food Questionnaire Survey Template

How old are you?

(Please cross one)

- ☐ Under 15
- ☐ 15-17
- ☐ 18-25
- ☐ 26-30
- ☐ 31-40
- ☐ 41-50
- ☐ 51-60
- ☐ 60+

How many days do you eat take away per week?

(Please cross one)

- ☐ Never
- ☐ 1 or 2 times
- ☐ 1 or 2 times
- ☐ Option 3
- ☐ 3 or 4 times
- ☐ 5 or 6 times
- ☐ 7

On average, how long do you spend preparing and cooking food per meal (dinner)?

(Please cross one)

- ☐ Less than 30 minutes
- ☐ Between 30 minutes and 1 hour
- ☐ Between 1 hour and 1 1/2 hours
- ☐ Between 1 1/2 hours and 2 hours
- ☐ Over 2 hours

Do you feel it takes too long to prepare food for a balanced meal?

(Please cross one)

- ☐ Yes
- ☐ No

Do you feel that you get your 5 a day?

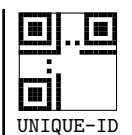
(Please cross one)

- ☐ Yes
- ☐ No

If you had all the ingredients would you be more adventurous in your cooking?

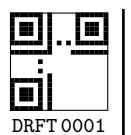
(Please cross one)

- ☐ Yes
- ☐ No



To respond ☒ or ☐

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How often do you do a food shop?

(Please cross one)

- ☐ Everyday
- ☐ 4-5 times a week
- ☐ Option 3
- ☐ 2-3 times a week
- ☐ 2-3 times a week
- ☐ Once a week
- ☐ Less than once a week

When you buy ingredients do you find you are wasting things that aren't used? *(Please cross one)*

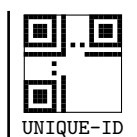
- ☐ Yes
- ☐ No

Do you feel you could improve your cooking skills? *(Please cross one)*

- ☐ Yes
- ☐ No

How much do you spend a week on food shops?

PREVIEW



To respond ☒ or ☐

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